

Harris Church of England Academy

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Headteacher Mrs Roberta Harrison



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Dear Parent/Carer

PSHEE Lessons - Topics

Please find below a reminder of this year's PSHEE curriculum. Each of the lessons that will be taught in PSHEE are set by either a statutory requirement from the Department of Education, or as a specifically selected topic that we feel the students will benefit from, both now and in the future.

Below is a list of topics covered, per year group, per term:

Year 7

- Respect and Responsibility, Genuine Friendships, Bullying, Sleep and Social Media
- Introducing Careers at Harris, The function of School, Recognising Strengths and Using GroFar (a digital Careers Service)
- Body Image, Uncertainty, Asking for Help, Mental Health and Language, Anxiety, Eating Disorders
- Citizenship Introduction, Human Rights, Law and Order
- Puberty, Healthy Relationships, Sexuality, Childline - Dangers

Year 8

- Respect and Responsibility, Managing Conflict, Food, CSE (Child Sexual Exploitation).
- Stereotyping in Careers, Rights in the Work Place, Trades Unions, Equality at Work, using Grofar
- Supporting Yourself and Others, Mental Illness, Language and Mental Health
- A Fair Society, The Human Population Democracy, Citizen's Advice, Disability at Work
- The Impact of Pornography, CSE (2xLessons), FGM, Consent

Year 9

- Nature & Nurture, Addiction (2xlessons), Drugs
- Qualities and Skills, Transferable Skills, Applying for Jobs, Using Grofar
- Mental Health and the Media (2xLessons), Appropriate Support, Children's Mental Health
- Global Development, Global Goals, Rights to Protest, Social Action
- Gender and Sexuality, Healthy Relationships, Consent, Respecting Partners, Stalking and Harassment



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Year 10

- Mass Media, Radicalisation, Knife Crime, Gangs
- Recognising Strengths, CV Writing (2xlessons), Work Experience Introduction
- Mental Health Services, Past, Present and Future
- The Economy (2xlessons) Personal Finances (2xlessons), Work Experience
- Contraception, Starting a Family, Reflecting on Work Experience

Year 11

This year group will focus mostly on their Work Related Learning – Interview skills, finding a career, using UCAS, finding universities, etc. They will also take time from PSHEE in particular to revise for upcoming exams, and prepare for any mocks.

If you have any questions or concerns regarding the upcoming PSHEE lessons, please don't hesitate to contact us.

Yours faithfully

Mr S West
PSHE Lead