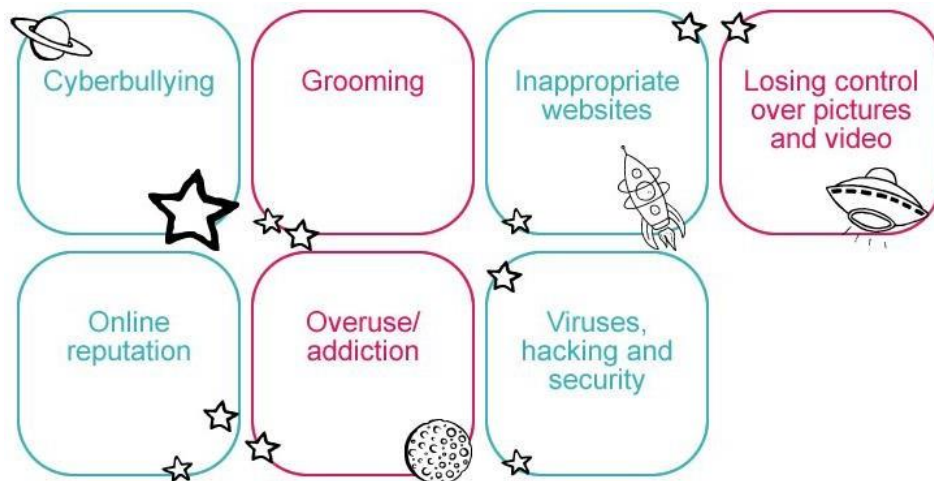




Probably the best advice for you as a parent, is to be aware of what your son or daughter is doing online. Talking with them is essential! Here are some conversation starter ideas:

- Ask your children to tell you about the sites they like to visit and what they enjoy doing online
- Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- Ask them if they know where to go for help, where to find the safety advice, privacy settings and [how to report](#) or block on the services they use
- Encourage them to help. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support
- Think about how you use the internet as a family. What could you do to get more out of the internet together and further enjoy your lives online?

Seriously, what are the risks?



What tools can you use to ensure that your child is safe? They are too numerous to mention here, but if you visit this link, you will find a wealth of information published to help you.

<https://www.thinkuknow.co.uk/parents/articles/parental-controls/>