

Harris Church of England Academy

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Headteacher Mrs Roberta Harrison



September 2026

Dear Parents and Carers,

As part of our ongoing partnership with the School Nursing Team, we are pleased to offer students the opportunity to access confidential school nurse drop-in sessions throughout this academic year.

These sessions will take place fortnightly on a Tuesday and provide students with the opportunity to speak privately with a School Nurse about any concerns they may have. Students can sign up to attend a session, and if you feel your child would benefit from seeing the School Nurse, you are also welcome to contact the school in advance to request this.

The School Nurse can offer support and advice on a range of topics including:

- Physical health concerns
- Mental health and emotional wellbeing
- Stress, anxiety and sleep
- Relationships and friendships
- Healthy lifestyles
- Any other worries or concerns a young person may have

This is a confidential service hosted within school, and students do not require parental consent to attend a drop-in session. However, if a student raises a concern that requires a referral to another service, medical intervention, or any further healthcare action, the School Nursing Team will discuss this appropriately with the young person and contact parents/carers where necessary.

The service aims to help students access advice, support and early intervention in a safe and supportive environment. If you have any questions, please do not hesitate to contact the school schoolnurse@harris.covmat.org

Kind regards

Mr Naylor

Assistant Headteacher



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